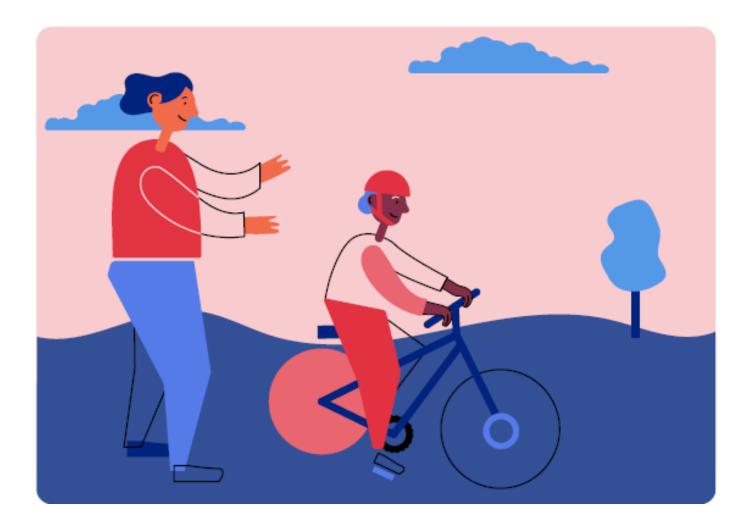
Is something worrying you? Do you need someone to talk to? Speak to your Club Welfare Officer





Your Club Welfare Officer is there to listen if you need someone to talk to or you are concerned about somebody's safety and wellbeing.

Alternatively, you can contact: Childline on 0800 1111 NSPCC on 0808 800 5000 Police on 999 Young Minds Mental Health Crisis Messenger Text YM to 85258



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